



Centers for Disease Control Recommendations When Human Infection with Swine Influenza A (H1N1) Virus Is Confirmed in a Community

Home Isolation

- Persons who develop influenza-like-illness (ILI) (fever with either cough or sore throat) should be strongly encouraged to self-isolate in their home for 7 days after the onset of illness or at least 24 hours after symptoms have resolved, whichever is longer
- If ill persons **must** go into the community (e.g., to seek medical care) they should wear a face mask. If a face mask is unavailable, ill persons needing to go into the community should use a handkerchief or tissues to cover any coughing.
- Persons in home isolation and their household members should frequently wash their hands with soap and water. If the hands are not visibly dirty alcohol-based hand gels may be used. Ill persons within 6 feet of others at home should wear a face mask or use a handkerchief or tissues to cover cough.

Well Household Contact

- remain home at the earliest sign of illness
- minimize contact in the community to the extent possible
- designate a single household family member as the ill person's caregiver to minimize interactions with asymptomatic persons.

School Dismissal and Childcare* Facility Closure

- Dismissal of students should be strongly considered in schools with a confirmed or a suspected case that can be directly linked to a confirmed case.
- Decisions regarding broader school dismissal within these communities should be left to local authorities.
- If the school dismisses students or a childcare facility closes, they should also cancel all school or childcare related gatherings and encourage parents and students to avoid congregating outside of the school.
- Schools and childcare facilities should dismiss students for a time period to be evaluated on an ongoing basis depending upon epidemiological findings.

- Schools and childcare facilities should consult with their local or state health departments for guidance on reopening. Generally, no additional confirmed or suspected cases are identified among students (or school-based personnel) for a period of 7 days, schools may consider reopening.
- Schools and childcare facilities in unaffected areas should begin contingency plans to prepare for the possibility of school dismissal or childcare facility closure.

Other Social Distancing Measures:

- Large gatherings linked to settings or institutions with laboratory-confirmed cases should be cancelled, for example a school event linked to a school with cases.
- Additional social distancing measures are currently not recommended.
- Persons with underlying medical conditions who are at high risk for complications of influenza should consider avoiding large gatherings.

These recommendations are subject to change as additional epidemiological and clinical data become available.

*Childcare facility: centers and facilities that provide care to any number of children in a nonresidential setting, large family childcare homes that provide care for seven or more children in the home of the provider and small family childcare homes that provide care to six or fewer children in the home of the provider