

Who offers lead testing?

- ◆ Wayne County Department of Public offers free lead testing in your neighborhood as part of the KYCLS (Keeping Young Children Lead Safe) program!

For more information call
the Wayne County
Department of Public
Health:
Field Nursing Services
(734)727-7056
Environmental Health
(734)727-7400

www.waynecounty.com

Wayne County
Department of
Public Health

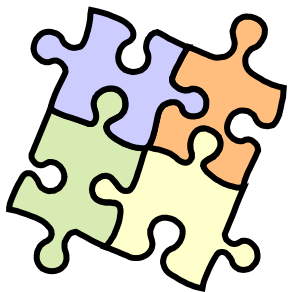
Keeping
Young Children
Lead Safe

Did you know
that your child
could be at risk?

Lead poisoning is
preventable!

Facts about lead

- ◆ Children between the ages of 6 months and 6 years are at the greatest risk for lead poisoning.
- ◆ Lead poisoning is more common than you might think! 1 in 22 children in American have high lead levels.
- ◆ Lead-based paint is in many homes constructed before 1978. Lead may also be in drinking water, food and soil.
- ◆ Lead may also be found in many household items, including your child's toys!



Why is lead dangerous?

- ◆ Low-level lead poisoning can cause the following health problems: anemia, slow growth, hearing problems, low IQ, behavioral problems, sleep disorders
- ◆ High-level lead poisoning can result in: nerve damage, kidney damage, brain damage, stomach upset, fatigue, constipation, head and death

What can you do as a parent?

- ◆ Have your child's blood lead level tested! Testing is easy. Blood levels can be

determined by a finger poke (capillary screen) or by drawing blood from the arm (venous test).

Nutrition

- ◆ Calcium found in dairy products and other food sources helps prevent lead absorption. Zinc, iron and vitamin C are also helpful in preventing lead toxicity.
- ◆ Limit your child's intake of high-fat foods, Also, make sure that your child does not skip meals. Fasting increases lead absorption.