Wayne County Commission calls on residents to ‘Go Red’ for women’s heart health

Wayne County Commissioners on Feb. 6 unanimously adopted a resolution by introduced by Commission Vice-Chair Pro Tempore Jewel Ware (D-Detroit) in support of Women’s Heart Disease Awareness Day and calling on all individuals to recognize the importance of efforts to increase heart disease survival rates for men and women.

Women on the Commission also wore red for the day, which is part of American Heart Month. Women’s Heart Disease Awareness Day was established by the American Heart Association and is officially observed on the first Friday of February. It is also part of the Go Red For Women movement, launched by the AHA in 2004.

At the time, heart disease was claiming the lives of nearly 500,000 women annually in the United States, though improvements have been made.

“Heart disease can often be prevented when people make healthy choices and manage health conditions and communities, health professionals and families can work together to create opportunities for people to make healthier choices,” the resolution states.